



## Waukesha Catholic Athletics



### Overview

- Waukesha Catholic provides interscholastic athletic opportunities for students in grades 5-8
- We offer **volleyball, basketball, and track** as no-cut programs where all students are welcome to participate. Typically, each gender and grade have their own team, with larger grades participating being split into 2 teams to allow for more playing time
- Waukesha Catholic does utilize minimum playing time per game/match to allow all students the ability to participate. See the Athletics Handbook on the Waukesha Catholic website under Athletics—Resources for more info [www.waukeshacatholic.org/resources-2](http://www.waukeshacatholic.org/resources-2)
- Our athletic programs are volunteer-based, where we require parents to assist with a few volunteer shifts each season in admissions, concessions, as head coaches, or as athletic board members. We also encourage active participation and membership with our Booster Club to help fund additional athletic equipment, projects, and needs
- We promote sportsmanship and Catholic values as primary goals of our athletic teams
- We participate in the Metro Volleyball Conference (volleyball), Notre Dame/Don Bosco Conference (basketball), and the Greater Waukesha Track Championships
- Our 8<sup>th</sup> grade teams seek invitations to participate in the Elizabeth Seton Volleyball Championships and the Padre Serra Basketball Tournament

### Seasons

- Volleyball sign-ups begin in May and end in July. Splits (if needed) are in early to mid-August and games run Friday nights (boys) and Saturdays (girls) from September to the end of October. Teams may also participate in a set number of tournaments
- Basketball sign-ups begin in May and end in October. Splits (if needed) are in early November and games typically are on Saturdays December-February (some tournaments or a final league game may run into March). Teams may also participate in a set number of tournaments
- Track Sign-up begins in January and end in March, with meets usually Saturdays (and some Friday nights) in April through mid-May

### Success

- Waukesha Catholic has a proud athletic tradition, with:
  - Our boys & girls teams earning invitations to the Seton volleyball championships each year of the 14 years of the tournament, earning 11 Final Four appearances and 2 championships (1 Boys Division and 1 Girls Division 1)
  - Our basketball teams have seen our boys earn invitations to the Padre Serra basketball tournament 19 times in the last 20 years, with our girls earning invitations in 18 of the last 20 years. In that span our boys & girls teams have earned 7 Final Four appearances and 1 championship (Boys)
  - Our track teams have earned 1<sup>st</sup> place in the Greater Waukesha Track Championships in 9 of the past 11 seasons (the 2020 season was cancelled for all teams)

## Forms & fees

- Required forms (including an athletic physical) and fees are emailed to families when sign-ups are posted and are also available on the Waukesha Catholic Athletics webpage at [www.waukesha.catholic.org/athletics](http://www.waukesha.catholic.org/athletics)
- Current athletic fees (2020-2021) are: volleyball \$80, basketball \$90, track \$50, with a family maximum of \$340 per school year (for all children to participate)

## Practices

- For volleyball & basketball, 5<sup>th</sup> & 6<sup>th</sup> graders may practice twice/week for up to 90 minutes each day. 7<sup>th</sup> & 8<sup>th</sup> graders may practice twice/week for up to 2 hours each day. For track since teams are combined with grades & coaches, all grades are allowed to practice twice/week for up to 2 hours each day

## Locations

- Waukesha Catholic utilizes all 3 campuses for practice (St. Joseph, St. Mary, and St. William)
- Practice locations and times are determined by the coaches at their meeting with the Athletic Director after splits each season
- Home games are typically played at St. Joe's gym, with some games occasionally assigned to St. Mary's gym
- Track normally practices twice/week at Carroll University on their track to utilize the track, jumping pits, and throwing areas

## Elizabeth Seton Volleyball Championships

- Waukesha Catholic is the host school for the Elizabeth Seton Volleyball Championships, which are the 8<sup>th</sup> grade, invitation-only Archdiocesan Championships held at the end of the volleyball season. The tournament consists of 3 divisions and 84 teams competing in 116 matches over 7 days. The tournament is played in Waukesha and benefits Waukesha County Catholic School Tuition Assistance, The Foundation for Retired Religious, and Waukesha Catholic Athletics
- In 2019 Waukesha Catholic had 150 volunteers (students and adults) put in more than 1300 volunteer hours to make this amazing tournament happen, with volunteers assisting in flip-scoring, crowd control, admissions, assisting with programs and advertisements, serving on the tournament committee, and acting as division directors
- We are currently in need of volunteers to help make the 2020 tournament run. Please consider helping
- For more information visit [www.theseton.net](http://www.theseton.net)

## Questions

- If you have any questions regarding athletics, please contact Bill Serb, Athletic Director at [athleticdirector@waukeshacatholic.org](mailto:athleticdirector@waukeshacatholic.org) or Keri Spencer, Athletic Board President at [keri4@spencerconsulting.net](mailto:keri4@spencerconsulting.net)