

#### **KIDS ANGER**

Monday, 1/9, 1/16 5:30 pm - 7:00 pm

#### **ROUTINES**

Wednesday 1/11 5:30 pm -7:00 pm.

#### **BIG FEELINGS**

Thursday 1/19, 1/26 5:30 pm - 7:00 pm



#### WE CAN SUPPORT YOU WITH:

#### LIFE MANAGEMENT

- Balancing Work and Family
- Supporting your partner
- Coping with stress
- Being a parent
- Home Safety

#### **NEW PARENTS**

- Feeling Depressed after the birth of your baby
- Preparing your child for a new baby
- Promoting development in infants

#### **PARENTING CONCERNS**

- Disobedience
- Tantrums
- Toilet training
- Whining
- Fighting and aggression
- Interrupting
- Mealtime problems
- Nightmares and night terrors
- Being bullied
- Chores
- Homework
- Lying
- Self-esteem
- Stealing
- Swearing

#### **CYBER SAFETY**

Monday, 2/6 5:30 pm -7:00 pm.

#### LOVE & LOGIC

Wednesday 2/15 5:30 pm -7:00 pm.

#### **ADULT ANGER**

Tuesdays, 2/28, 3/7, 3/14 5:30 pm -7:00 pm.

#### THAT'S A SKILL

Monday, March 20 5:30 pm -7:00 pm.



#### **ONGOING OPPORTUNITIES**



**Triple P** provides practical strategies for managing life skills. Meet one-on-one to build a plan for your family.



<u>Nurturing Parenting</u> gives parents the tools to increase positive parenting skills and understand child development.



Love & Logic rovides a variety of simple and effective strategies for parenting children birth to adulthood.



<u>Coffee Chats</u> are parent groups that talk about the highs and lows of parenting twice per month.

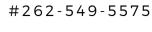
CHECK OUT OUR CALENDAR AND REGISTER TODAY!



OUR MISSION IS TO STRENGTHEN FAMILIES AND PROTECT CHILDREN THROUGH PREVENTION, INTERVENTION, AND EDUCATION IN SOUTHEASTERN WISCONSIN.

### **CONTACT US**







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www.parentsplacewi.org

Parents Place, Inc

## **ENROLL TODAY**



### COVID-19

# Our lobby remains closed at this time.

We continue to watch the CDC recommendations and take all necessary precautions including wearing masks, temperature checks, and facilitating groups and classes online.



## COMMUNITY EDUCATION PROGRAMS & CLASSES

## **WINTER 2023**

