

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| <u>MILK FOR SCHOOL:</u> SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE | | 1 BBQ Meatball Sub with Shredded Cheese on WG Bun Crunchy Broccoli with Ranch Seasonal Fruit Choice of Milk | 2 Non-WG Mac and Cheese WG Chicken Smackers with BBQ Packet WG Pretzel Breadstick Baby Carrots with Ranch Seasonal Fruit Choice of Milk | 3 EARLY DISMISSAL |
| 6 BRUNCH FOR LUNCH WG Pancakes with Syrup Cup Chicken Breakfast Sausage Yogurt Cup Sunset Sip Juice Seasonal Fruit Choice of Milk | 7 Baked Chicken Leg WG Cornbread with Honey Baked Beans Seasonal Fruit Choice of Milk | 8 Hamburger on a WG Bun Ketchup Packet Steamed Corn Seasonal Fruit Choice of Milk | 9 Domino's Cheese Pizza Baby Carrots with Ranch Seasonal Fruit Choice of Milk | 10 Shredded Turkey and Gravy on WG Croissant Crunchy Broccoli with Ranch Seasonal Fruit Choice of Milk |
| 13 Loaded Chicken Bowl WG Chicken Smackers and Shredded Cheese over Mashed Potatoes WG Biscuit Seasonal Fruit Choice of Milk | 14 Turkey Hot Dog on WG Bun Ketchup Packet Crunchy Broccoli with Ranch Seasonal Fruit Choice of Milk | 15 Sloppy Joe on WG Bun Baked Beans Seasonal Fruit Choice of Milk | 16 WG Cheese Quesadilla Salsa Cup Baby Carrots Seasonal Fruit Choice of Milk | 17 NATIONAL MAPLE SYRUP DAY WG French Toast Sticks Syrup Cup Yogurt Cup Sunset Sip Juice Seasonal Fruit Choice of Milk |
| 20 Beef Taco on WG Tortilla With Shredded Cheese Taco Sauce Seasoned Beans Seasonal Fruit Choice of Milk | 21 WG Cheesy Garlic Bread Marinara Cup Baby Carrots Seasonal Fruit Choice of Milk | 22 EARLY DISMISSAL Christmas Vacation Begins | 23 Christmas Vacation | 24 Christmas Vacation |
| 27 Christmas Vacation | 28 Christmas Vacation | 29 Christmas Vacation | 30 Christmas Vacation | 31 Christmas Vacation (through January 3rd) Classes resume 1/4/22 |

This institution is an equal opportunity provider.



December Nutrition Tip: National Hand Washing Awareness Week

The first week of December is National Hand Washing Week! Make sure to properly wash your hand often, especially this season, to stay safe from colds/flu and to protect your loved ones.

Source: [CDC.gov](https://www.cdc.gov)

For when and how to properly wash your hands, click the QR Code!

